



*In***t**ernational
Aid Trust
Christian Compassion For A Hurting World

**To celebrate 30 + years of sharing Christ's Compassion
with this hurting world**

30+ WAYS TO SUPPORT INTERNATIONAL AID TRUST SUPPORTERS AND FUNDRAISERS RESOURCE PACK

Patron: The Lord Shuttleworth KG KCVO Patron: Baroness Cox of Queensbury
Registered office : The Galleries, Croft Mill, Pall Mall, Chorley, PR7 3LT, **Telephone 01772 611000**
email: office@internationalaidtrust.org.uk website: www.internationalaidtrust.org.uk
Charity Registration No. 1086597 Company limited by guarantee and registered in England & Wales No 4167908

30 + ways to support International Aid

International Aid Trust is now over thirty years old! Over this time hundreds of thousands of people across the world have been given hope through the practical and spiritual gospel. As our teams in Eastern Europe, Asia, West Africa and the UK continue to hold out Christ's Compassion with this hurting world, here are 30+ ways that you can help, some are quick and simple, some are big commitments, but all are invaluable.



1: Pray

We thank God for everyone who supports the work of International Aid Trust in any way, we are especially thankful for everyone who prays, we are only able to do this work through God's help, leading and guidance. Please pray for continued commitment to prayer!

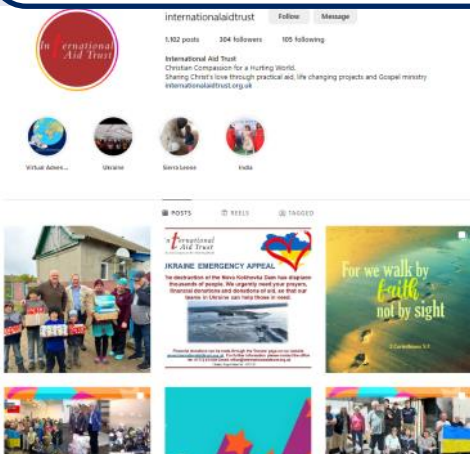
We hold a weekly prayer meeting at our Warehouse in Tarleton, and email out points for thanks and prayer to everyone who has requested these.

Please email julie@internationalaidtrust.org.uk if you would like to receive the weekly prayer email or to come and pray with us.

2: Keep up to date

Make sure you are on our mailing list!

Email office@internationalaidtrust.org.uk and let us know if you would like to receive updates by post or by email. We post a news booklet out three times a year and email an update from our work around the world and in the UK approximately once a month.



You can also follow us on social media:

Facebook: [@internationalaidtrusthq](https://www.facebook.com/internationalaidtrusthq)



Twitter: [@IATonline](https://twitter.com/IATonline)



Instagram: [@Internationalaidtrust](https://www.instagram.com/Internationalaidtrust)

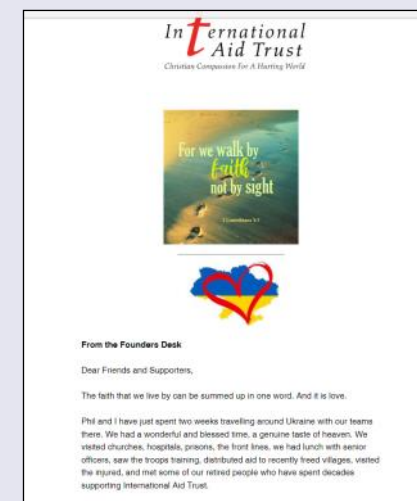
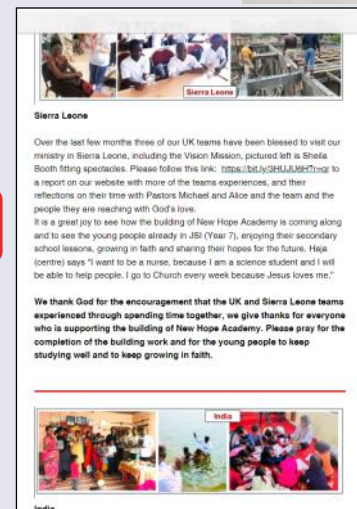
3: Pass it on

Share our updates with interested friends, your church, school or group.

Forward email newsletters on.

You can request more copies of the InTouch news booklets by emailing office@internationalaidtrust.org.uk.

share our posts on Facebook, Instagram or Twitter.





Charity Shops

4: Shop

Visit one of our charity shops and find a bargain or two!

We have ten general shops with a wide variety of clothes, shoes, games, jigsaws, toys, books, and bric-a-brac, as well as the Chorley Furniture store, all the shops keep to very reasonable prices, please see the list for your nearest shop.

5: Share

Tell your friends about your local International Aid Trust Charity Shop or share your purchases on social media, don't forget to tag us in your posts!

Shop with friends; you could each set a budget of say £5 to spend in the charity shop and then upcycle and style your outfit and have a prize for the best—or even put on a fashion show ...

6: Shop Challenge

7: Donate items



Have a clear out at home and donate your items to one of our charity shops. If you're unsure what items are accepted, please phone the shop you wish to donate to.

If you are a UK tax payer, you can increase your items value by gift aiding your donation: just fill out a form in the shop.

8: Gift Aid your donation

9: Volunteer

Volunteer—our charity shops welcome new volunteers, in a variety of roles, even if you can only spare a few hours a week, pop in and have a chat with the manager.



ANGLESEY 01248 853898

Unit 4 Bryniriol Precinct, Benllech, Tyn-Y-Gongl, Yns Mon, LL74 8TF

CARNFORTH 01524734109

27 Market Street, Carnforth, LA5 9JX

CHADSMOOR 01543 577232

8 Ashworth House, Cannock Road, Chadsmoor, Cannock, WS11 5DZ

CHORLEY FURNITURE 01257 264982

Croft Mill, 43 Pall Mall, Chorley, Lancashire, PR7 3LT

CHORLEY GENERAL 01257 233036

84 Market Street, Chorley PR7 2SF

COPPULL 01257 795454

205 Spendmore Lane, Chorley PR7 5BY

HORWICH 01204 460294

88 Lee Lane, Horwich BL6 7AE

LOSTOCK HALL 01772 338070

11 Hope Terrace, Lostock Hall PR5 5RU

MILL HILL, BLACKBURN 01254 278892

80 New Chapel Street, Mill Hill, Blackburn, BB2 4DT

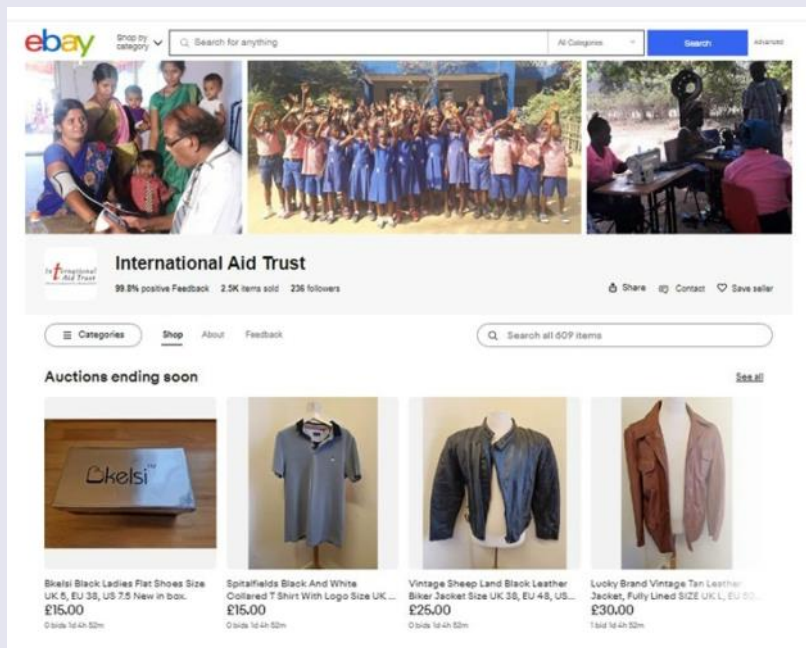
PELSALL 01922 694144

Unit 3 & 4 Mayou Court, 32 High Street, Pelsall, WS3 4LX

PRESTON, NEW HALL LANE 01772 796605

171-173 New Hall Lane, Preston, PR1 5XA

10: Visit our online stores



Shop online with us, lots of interesting items including collectibles, clothing, musical instruments, electricals and much more ...

ebay

Ebay shop:
www.ebay.co.uk/str/Internationalaidtrust

Vinted

Accessories, clothes and shoes
Vinted shop:
[internationalaid - member profile - Vinted](https://www.vinted.com/profile/internationalaid)

Etsy

Etsy vintage shop:
www.internationalaidtr.etsy.com

Beautiful bags etc. handmade in Sierra Leone, by women taking part in our Hands of Dorcas Tailoring Training:
www.handsofdorcas.etsy.com

Shop Online

11: Website that donates



Easy Fundraising

easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

<https://www.easyfundraising.org.uk/causes/iat>

Click to support this cause and then go through the easyfundraising website to find your usual online retailers, who, as a thanks, will make a small donation to International Aid Trust!



12: Gospel Cards

Gospel Cards, etc. make Christmas cards, calendars and so much more.

Visit:

www.gospelcardsetc.com
or ask us for a catalogue.

Gospel Cards donate a percentage of all sales to 27 Christian Charities including International Aid Trust! You can choose which charity to support at checkout.



Share the Good News with
Gospel Cards, etc.





Giving financially

14: Donate

In these challenging financial times, we are very thankful for all of your wonderful support, through donations of practical aid, finances, time and for your prayers.

If you want to make a one off donation, you can:

- Post a cheque to our office address: International Aid Trust, The Galleries, Croft Mill, 43 Pall Mall, Chorley, PR7 3LT.
- Pay in cash at our office, warehouse or one of our charity shops.
- Make a bank transfer to: Royal Bank of Scotland Sort Code: 16-28-16, Account Number: 10075885
- Go to the donate button on our website.

Please include a note or send an email letting us know what if your donation is for a particular project or to be used where most needed.

13: Spare change

Got some spare change? You can request a collecting tin to fill at home, these can be collected from the office or from your local charity shop

You can also pass on a collecting tin or tub to a shop or business you know.

Or make it into a game with your club or class, and make your small change into a trail or picture and donate the amount afterwards.



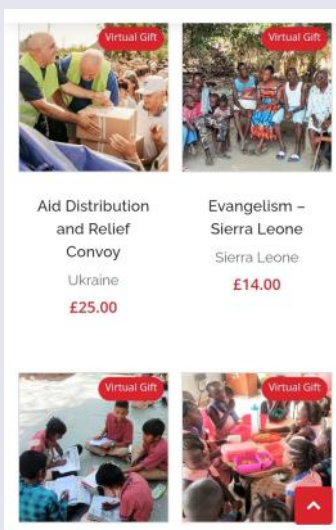
15: Donate regularly

A very helpful way to support is by setting up a regular donation (however small) by standing order, as this helps our finance team to plan ahead.

You can choose to donate to general funds, to the work in one country or to a particular project. Simply complete and return the standing order form on the back page to the freepost address.

If you are a UK taxpayer you can gift aid donations, increasing their value by 25% at no extra cost to you, please email office@internationalaidtrust.org.uk for a gift aid form.

16: Gifts of Hope



Give a gift with a difference! Make a donation on behalf of a friend or family member and support one of our ongoing life changing projects.

Choose from education, evangelism, healthcare, aid distribution and more.

For each gift you choose, you will receive a gift card and project sheet. These can be emailed or posted to you or the recipient.

You can select your virtual gift on our website or request a catalogue to be posted out to you.



Overseas Aid

Our warehouse in Tarleton is where all the aid that we send overseas come in to and goes out from.

You could organise a collection of aid from your church, group, school or neighbours, please see the list of items most needed.

Do you knit? We are always grateful for hand knitted items to send overseas, please see the list if items needed.



17: Knit

KNITTING for International Aid Trust

Yes please:

jumpers, cardigans, hats, scarves, mittens, socks and other clothing, for all ages. Blankets of all sizes for baby blankets upwards. Cuddly toys.

No thank you:

'Fish and Chip' jumpers, these sleeveless baby jumpers aren't requested by any of our teams overseas.



Warehouse

International Aid Trust, Briery Lane, Off Blackgate Lane, Tarleton, Preston PR4 6UU

ITEMS TO COLLECT

Food: Pasta, rice, tinned meat, tinned fish, tinned beans and veg, flour, cooking oil, salt (with at least 1 year's best before date)

Medical: First aid kits, plasters, bandages, dressings, gauze, surgical gloves, masks, antiseptic creams, paracetamol, ibuprofen, calpol etc.

Toiletries: Soap, toothpaste, toothbrushes, flannels, shampoo, sanitary towels, nappies, incontinence pads.

Clothing and Footwear: of all types and for all ages.

Camping Equipment: sleeping bags, tents, camping stoves and cylinders, torches, batteries, LED lights, candles, generators, camping cutlery, power packs.

Household Items: cutlery, crockery, kettles, washing machines, tumble dryers, fridges, towels,



18: Collect Aid

19: Volunteer



New volunteers are always welcome at the warehouse, there is lots of sorting, packing, loading and brewing up to be done! Our team get great satisfaction in knowing that all the aid they prepare is making a difference to the lives of people in great need.

20: Shoebox gifts



Fill a shoebox gift full of useful and fun items such as toiletries, school supplies and toys, and send a smile to someone in need. Or get your school, church or group to join in.

We deliver shoeboxes to people of all ages from babies to elderly people, throughout the year, not just at Christmas. Our dedicated teams overseas share Jesus' love and provide pastoral care alongside practical gifts. You can find out more on our website [Preparing a Shoebox - International Aid Trust](#) or request leaflets and posters from the office .

21: Sell your crafts

Are you creative?

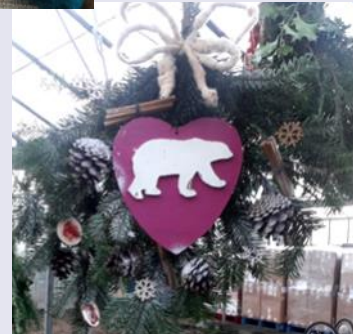
Could you make / knit / crochet / carve / felt / weld etc. etc. items to sell and raise funds?

Here are some example of the wonderful handcrafted items our supporters have made.

You could sell to friends, through your social media or have a stall at your local church or village fair. The birdboxes are made by Les who sells them through a garden centre.

Another idea is to organise a 'have a go' day and share your crafting skills.

If you would like to have a stall at the next International Aid Trust event we organise, please email julie@internationalaidtrust.org.uk



Fundraising 1: Creativity



23: Bake

Do you bake?

Whether your speciality is fairy cakes or rocky road, fruit cake or rice crispie cakes, your delicious creations could be a great way to raise funds!

You could hold a cake sale for your group, school or church. Maybe you could get some other bakers to contribute cakes too.

You could have small cakes and biscuits and sliced tray bakes ready for people to eat immediately or to take away (provide little bags or serviettes). Or you sell whole cakes or take orders for cakes and make them later.

If space and time allow you could make biscuits and provide icing pens for people to decorate themselves for a small fee or donation.



22: Exhibit your artwork



Do you paint or draw? Could you organise an exhibition of your artwork? Or maybe get some creative friends together for a group show. Dorothy (above) displayed and sold her beautiful paintings at her church and had a fantastic response.

You could see if your church or community centre or school would be happy for you to display artwork or maybe a local gallery or café would have an opportunity for you to exhibit. You could charge a small entrance fee for your exhibition, ask for donations, or sell the drawings and paintings on show.

24: Afternoon Tea



Organise an afternoon tea or a coffee morning.

This could simply be with a few friends in your kitchen, bake a couple of cakes, make everyone a cuppa, share some stories of our projects and who they are helping and collect donations.

Invite the whole street / school/ church/ village to a tea party in a bigger space such as a church or school hall!

Put up posters and pass out invites a couple of weeks in advance, (samples at back of pack).

Get a little team to help bake beforehand and set up tables etc. and brew up on the day.

Put out some of our 'InTouch' booklets or project sheets, so that people know more about the people they are supporting.

You could charge a set price for teas / coffees / cake / sandwiches or ask people to make a donation.



25: Garden Party

Go outside and make it a garden party!

You will need to put up posters and pass out invites with plenty of notice.

Get a team to help bake, set up and make tea and coffees. Have some suitable background music playing.

Get a few volunteers to plan and run some games e.g. hoopla, hook a duck, tin can alley. You can charge or ask for donations for having a go and offer small prizes.



26: Meal

Meal

How about a 'Come Dine With Me' style event?

You could visit friends' houses to eat in turn and make a donation of what you would have spent for a meal out. Or you could make one course each and have a 'meal safari' walking together to the next house for the next course.

Could you make some dishes from the countries we work in? Rice with casava leaf and fish stew from Sierra Leone, Plăcinte from Moldova or Ukrainian Honey Babka dessert.

Fundraising 3: More Events



Photos: Clitheroe Town Mayor's fundraising evening, Concert for Ukraine at St Michael & All Angels, Barndance at Hutton village hall. Any events you are organising that are open to the public, please send us details or posters and we will share on the charity's social media.

27: Music

Are you musical? Can you sing? Play the piano? Guitar? Spoons? Are you in a group or band? Could you get a musical group together?

You could put on a concert or show, some church or village halls are happy to let you use their space for a reduced fee (or free) if you are putting on an event for charity or a friendly theatre or venue may do the same.

Organise a dance, with the sort of music you enjoy for your church, club or local community. A barn dance is always great fun, with a band and caller, get everyone to dress in check shirts etc. find some straw bales to sit on, serve hot pot or baked potatoes.

Go back in time to the sixties, eighties or your favourite decade, hire a DJ or put together your own play list, get everyone to dress from your chosen decade and decorate the hall or room appropriately.

Black tie— you can ask a catering company to provide the food or make meals yourself, make sure there's a good dancefloor space and put on your finery.

28: Dance

29: Dress to Impress

Hold a day at your school, church, club, workplace, where everyone makes a small donation and comes dressed in a particular way; this could be:

- In general fancy dress
- In red for International Aid Trust
- Dressed in the colours of the flag of the country you are raising money for.
- Dressed as something from the country you are raising money for (e.g food, animal, bird)

30: Quiz

Choose a suitable venue, church or village hall, local pub for an evening, or you could hold a lunchtime quiz at your workplace.

You can get lots of pre-prepared quiz rounds from these websites:
[Pub Quiz Questions HQ](#) | [Free UK general knowledge pub quiz questions](#)

[Home - Pauls Free Quiz Questions](#) | [Trivia Quiz Resources](#) | [Pub Quiz Questions](#) | [Trivia Quiz \(paulsquiz.com\)](#)

Try to have a mixture of different subjects and include a picture and/ or music round. Participants can come as a team or join a team when they arrive.

Fundraising 4: Sponsored Events

31: Active events

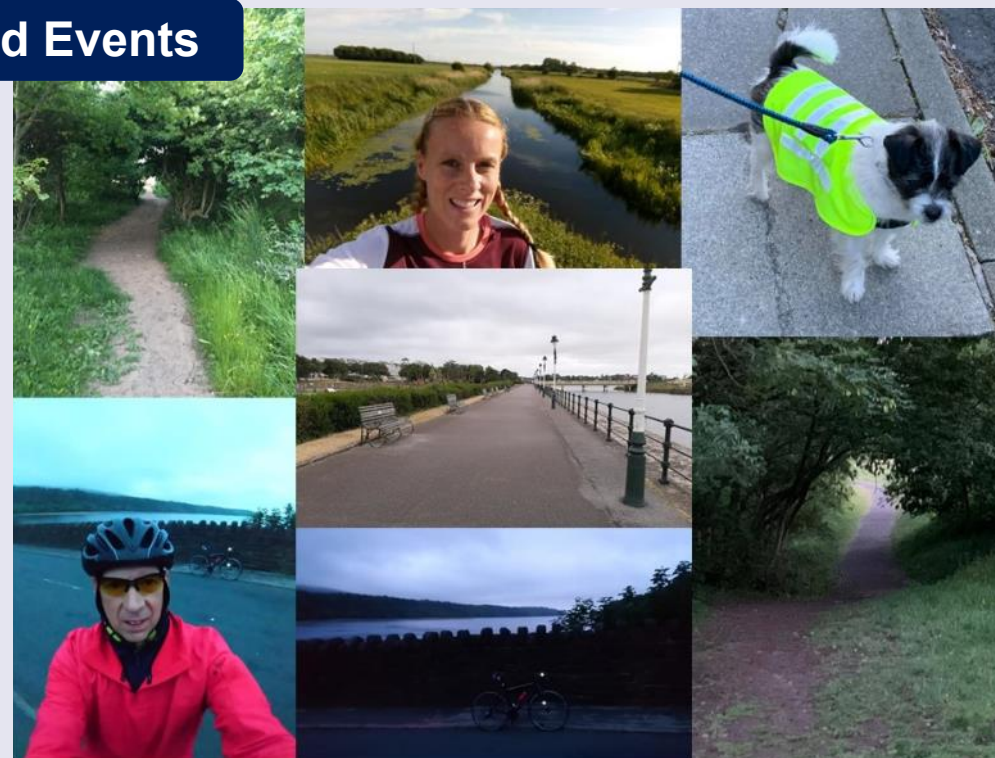
What sort of exercise do you enjoy?

You could do a sponsored walk, run, swim, cycle, horse ride, dance, canoe or a tennis or football tournament

You can do it by yourself, with a team or as a relay, you could challenge yourself with the distance you cover or with the amount of time you keep going for.

You could be sponsored for International Aid Trust whilst taking part in an organised event such as a 10K run, or you could organise a sponsored event that others can join in with.

On the right you can see photos taken during the TGI Friday Running Club 24 hour socially distant sponsored relay, which Chris and Natalie organised during lockdown. Participants picked a half hour slot and walked, ran or cycled for their allotted time before the next person took over.



32: Sponsored challenges

Less energetic activities you can be sponsored for include; a sponsored silence, read as many books as possible in a time frame or be sponsored for the amount of items you can craft.

Challenges of a different kind include being sponsored for having your head shaved (as shown by very dedicated supporter Pam, below) or giving up your favourite food or drink over a period of time.



There is a sponsorship form in the following resources section of this pack, that can be used for any kind of sponsored event, just fill in the details of what you are doing.

33: Sky Dive



Want to do something really adventurous / brave / insane to raise funds?

How about a sky dive?!!

Skydive Northwest are based at Cark Airfield near Morecambe and have previously done a great job of enabling groups wanting to support International Aid Trust to take part in tandem skydives.

Find out more here: [Skydive Northwest](#)

Fundraising Resources

The next few pages include some helpful resources for running a fundraising event. They include:

- Tips for organising your event, things to do before an after.
- A sample planning sheet and a template for your own planning.
- A photocopiable sponsorship form, with space to include your own details.
- Invites and posters that you can print and add your event details to, we've included a design for fundraising for any cause and one for the current Ukraine Appeal, please get in touch if you need a specific design for another project.

TIPS FOR ORGANISING YOUR EVENT

- * **Promote your event as soon as possible! Let people know what is happening with plenty of notice so that they can keep the date free. Think about the best way to communicate with your target audience; put up posters, send out personalised invites, share on social media, create a Facebook event, announce in your church notices / school assembly / work bulletin. It's a good idea to remind people a few days before too.**
- * **Let us know about your event; if you need any collection buckets, information leaflets, news booklets etc. also if you would like us to share your event on the charity's social media too. email julie@internationalaidtrust.org.uk**
- * **Think about everything that will need to happen on the day, give out jobs, make sure everyone helping knows what their role is and has the equipment to do it, use the planning sheet included if helpful.**
- * **Follow Up: when your event is finished, the washing up and tidying is done, what to do next: congratulate yourselves on a job well done and have a well earned cup of tea!**
- * **Count up the money you have raised, you can either deliver notes and coins to International Aid Trust head Office or send a cheque for the amount payable to International Aid Trust, (address below), noting if it is for a particular appeal, or pay the money raised in online through the donate button on the website, again specifying what it is for. Please email julie@internationalaidtrust.org.uk to let us know your contact details, so we can send a thank you card and certificate for you to share.**
- * **Share the photos from your event, we'd love to see all the fun you had! You can email to us julie@internationalaidtrust.org.uk If you share photos on social media please tag us so we can see them: Facebook: [@internationalaidtrusthq](#) Instagram: [@internationalaidtrust](#) Twitter: [@iatonline](#) (please do make sure you have permission from people in the photos to share them, and permission from parents of anyone aged 16 or younger.)**
- * **Thank you very much for all your amazing support!**

Event Plan - Sample - Afternoon Tea

To do....	Name(s)	For when	Done!
Print out and put up posters			
Hand out Invites			
Bake cakes			
Make sandwiches			
Organise supply of tea, coffee, milk, cups, plates etc.			
Print out stories (and quiz)			
Decorate venue and set up tables			
Plan and run games			
Serve drinks and food			
Collect and count donations and send to office			
Share pictures and put up thank you posters			
Other			

Event Plan—Template

To do....	Name(s)	For when	Done!
Print out and put up posters / promote on social media			
Hand out or send invites			
Before event.....			
Before event			
Before event			
Set up the day			
During the event			
During the event			
During the event.....			
After the event / clear up			
Collect and count donations and send to office			
Share pictures and put up thank you posters			
Other			

Sponsored Event:

I am taking part in a _____ to raise funds for _____ through

International Aid Trust.
All donations gratefully accepted.

giftaid it

We who have given our names and addresses below and who have ticked the box entitled 'Gift Aid' want the charity to reclaim tax on the donation detailed below, given on the date shown. We understand that we must pay income tax or capital gains tax equal to the 25% the charity will claim on the donation.

Full name	Home address	Postcode	Gift Aid	Amount sponsored	Date paid	Email	Info

Info: We would love to keep in touch with you and let you know about any future activities, if you would like to receive updates, please write 'post' or 'email' in the right hand column.

Registered office : The Galleries, Croft Mill, Pall Mall, Chorley, PR7 3LT Charity Registration No. 1086597

Company limited by guarantee and registered in England & Wales No 4167908 VAT No. 652 6793 08, Visit our web site: www.internationalaidtrust.org.uk



*International
Aid Trust*
Christian Compassion For A Hurting World

Please join us for a _____

Date: _____ Time: _____

Place: _____

Raising funds for: _____

Registered Charity No. 1086597



*International
Aid Trust*
Christian Compassion For A Hurting World

Please join us for a _____

Date: _____ Time: _____

Place: _____

Raising funds for: _____

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*International
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Please join us for a _____

Date: _____ Time: _____

Place: _____

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*International
Aid Trust*
Christian Compassion For A Hurting World

Please join us for a _____

Date: _____ Time: _____

Place: _____

Raising funds for: _____

Registered Charity No. 1086597



International Aid Trust

Christian Compassion For A Hurting World



Please join us for a _____

Date: _____ Time: _____

Place: _____

Raising funds for: **Ukraine Appeal**



Registered Charity No. 1086597

International Aid Trust

Christian Compassion For A Hurting World



Please join us for a _____

Date: _____ Time: _____

Place: _____

Raising funds for: **Ukraine Appeal**



Registered Charity No. 1086597

International Aid Trust

Christian Compassion For A Hurting World



Please join us for a _____

Date: _____ Time: _____

Place: _____

Raising funds for: **Ukraine Appeal**



Registered Charity No. 1086597

International Aid Trust

Christian Compassion For A Hurting World



Please join us for a _____

Date: _____ Time: _____

Place: _____

Raising funds for: **Ukraine Appeal**



Registered Charity No. 1086597



*International
Aid Trust*

Christian Compassion For A Hurting World

Fundraising Event



Please join us for a :

Date:

Time:

Place:

Raising funds for:



International Aid Trust

Christian Compassion For A Hurting World

Ukraine Appeal

Fundraising Event

Please join us for a :

Date:

Time:

Place:



Registered Charity No. 1086597